



Summit Task

To leverage the power of our whole community to create a future of healthy kids and healthy schools throughout the Houston Independent School District

Summit Objectives

1. Identify opportunities and design initiatives and pilot programs that will:

- Promote the importance of sound nutrition, physical education and physical activity for improving students' health and academic achievement.
- Increase awareness about health and wellness efforts at HISD and the health and wellness status of its students.
- Improve access to kid-appealing fruits, vegetables, whole grains and nonfat/low-fat dairy products.
- Stimulate growth of physical activity and physical fitness opportunities for all students in and out of school.

2. Respond holistically, as a whole community, to the challenges of poor nutrition, physical inactivity, and overweight and obesity facing HISD's students.

3. Build on the strengths of HISD with a network and community of partners to assist in furthering improvements in the nutrition and physical activity of youth and their environment.